

# Chapter- 13      The Importance of Discipline

Answer these questions?

1. What is self discipline?

Ans. Doing the right thing with no one watching or supervising and with no promise of reward or threat of punishment is self discipline. The self disciplined person does the right thing because he knows it is necessary .Self discipline comes from inside not because of any fear of punishment.

2. Why not encourage military discipline at home?

Ans. Military discipline prevails in the armed forces. They are very strict and any indiscipline is severely dealt with .That is why military discipline is not encouraged at home.

3. What is the use of self discipline?

Ans. The possession of self discipline enables you to choose , then persevere with actions, thoughts and behaviour .This leads to improvement and success .It also gives you the power and inner strength to overcome addictions, laziness and procrastination and to follow through whatever you do.

4. What happens if a child does not have discipline?

Ans. If a child does not have discipline he will not only cause problems to others but also to himself. The habit of breaking rules will gradually grow in him. That will create inconvenience to other people in the society. He, himself will be very much prone to suffer from various diseases due to the bad habit grown in him. In the long run, he will be unsuccessful in life.

5. Why is external discipline necessary?

Ans. When we have any kind of external discipline, we are learning a new way of thinking or looking at behaviour. It trains people to be disciplined. We may be asked to do something as a result of our own behaviour that did not fit with the expectation of any other party. The other party may be a teacher, parent, employer or other person .Learning and acting in accordance within the expected norms of the group we are associated with could be considered “external discipline.”